



COOKING • ENTERTAINING
HEALTH • HAPPINESS

APRIL 29 & 30, 2011
CAROLINA FIRST CENTER

The **Upstate Spice of Life Show** is a vivid and interactive cooking and entertaining show with a focus on creating a healthier lifestyle. Learn about savvy entertaining, cooking, green living, fitness and wellness for all ages!

Now accepting exhibitor applications.
Call 864.250.9713 today!

UpstateSpiceOfLifeShow.com

Brought to you by **JBM** & ASSOCIATES Producers of the Upstate Women's Show